

Dr. P. SELVAKUMAR Assistant Professor & Head i/c Division of Physical Education Karunya Institute of Technology and Sciences Karunya Nagar – 641114 Coimbatore District, Tamil Nadu, India Email.id: selvakumar@karunya.edu , drs selvakumar14@gmail.com Office Phone: 0422-2614670, Mobile: 9487846509, 8903966614			
Web of Science Researcher ID: NWH-1251-2025 ORCID ID: 0009-0008-0819-3333		Google Scholar ID: gI0mwggAAAAJ	
Research Area - Sports Training - Sports Psychology		Positions Held - Member – Association of Indian University Inter University Sports Board - Executive Committee Member - CDFA	
Research Experience: 12 years		Teaching Experience: 11 years	
Research Credentials (as on – Source: Google Scholar) H-index: 1 Citations: 3 i10-index: 0			
Research Guidance		Ph.D.	P.G (M.P.Ed)
Completed		1	15
Ongoing		4	-
Publications		International	National
Journal		8	7
Conference / Seminar		4	5
Faculty Development Program Attended		4	
Educational Qualification			
Degree	Institute/Organisation	Year of Passing	
Ph.D.	Tamil Nadu Physical Education and Sports University, Chennai	2020	
M.Phil	Tamil Nadu Physical Education and Sports University, Chennai	2011	
M.P.Ed	Tamil Nadu Physical Education and Sports University, Chennai	2009	
M.SC	Tamil Nadu Physical Education and Sports University, Chennai	2017	
M.A	Periyar University, Salem	2021	
Recent Journal Publications:			
1. “Impact of agility ladder training on coordination and speed endurance among football players” in the International Journal of Physical Education, Sports and Health (2022) Volume 9, Issue 4, pp. 153–154, P-ISSN: 2394-1685 E-ISSN: 2394-1693.			
2. “Effect of yogic practices on physical fatigue and reduced activity among women football players” in the International Journal of Physiology, Nutrition and Physical Education (2022) Volume 7, Issue 2, pp. 137–138, ISSN: 2456-0057.			
3. “Effect of agility ladder training on aerobic endurance and anaerobic endurance among football players” in the International Journal of Physiology, Nutrition and Physical Education (2022) Volume 7, Issue 2, pp. 39–40, ISSN: 2456-0057			
4. “Effect of different method of yogic practices on body mass index and vital capacity among overweight women” in the International Journal of Physical Education, Sports and Health (2022) Volume 9, Issue 4, pp. 297–298, P-ISSN: 2394-1685 E-ISSN: 2394-1693.			
5. “Effect of running ABC training on agility and coordination among football players” in the International Journal of Physical Education, Sports and Health (2025) Volume 12, Issue 1, pp. 416–418, P-ISSN: 2394-1685 E-ISSN: 2394-1693.			
6. “Impact of SAQ training on speed agility and balance among soccer players” in the International Journal of Sports, Exercise and Physical Education (2025) Volume 7, Issue 1, pp. 179–181, P-ISSN: 2664-7281, E-ISSN: 2664-729X.			
7. “Plyometric, speed and combined training interventions: Impact on agility and muscular endurance in female volleyball athletes” in the International Journal of Physiology, Sports and Physical Education (2026) Volume 8, Issue 3, pp. 73–77, P-ISSN: 2664-7710, E-ISSN: 2664-7729			
8. “Comparative Impact of Game Specific Fitness Training Integrated with Plyometric Versus Resistance Training on Motor Fitness in School Level Football Players” in the International Journal of Sports, Health and Physical Education (2026) Volume 8, Issue 4, pp. 18-21, P-ISSN: 2664-7559, E-ISSN: 2664-7567			