



**Karunya INSTITUTE OF TECHNOLOGY AND SCIENCES**

(Declared as Deemed to be University under Sec.3 of the UGC Act, 1956)

MoE, UGC & AICTE Approved

**NAAC A++ Accredited**

## STUDENT TRAINING PROGRAMMES

Our student training framework equips learners with academic strength, personal confidence, leadership ability, digital competence, and employability. Each programme helps students grow with clarity, capability, and character, empowering them to become responsible, future-ready graduates.

### 1. Student Induction Programme (21 Days)

- **Proficiency Modules (English, Math, Computing):** Strengthening foundational academic skills.
- **Mentor–Mentee Sessions:** Offering personal guidance, emotional support, and smooth transition.
- **Aptitude & Analytical Ability:** Enhancing reasoning, logic, and exam readiness.
- **Universal Human Values (UHV):** Building empathy, respect, and value-based behaviour.
- **Physical Fitness & Wellness:** Improving discipline, stamina, and stress control.
- **Institutional Orientation:** Understanding systems, culture, vision, mission, and support services.
- **Creative Arts & Cultural Activities:** Encouraging teamwork, creativity, and confidence.
- **Social Immersion / Rural Exposure:** Developing empathy and social responsibility.



### 2. Entrepreneurship Training

- **Startup Ideation & Opportunity Identification:** Turning problems into innovative ideas.
- **Lean Canvas & Business Model Development:** Structuring and validating business concepts.
- **Prototype Building & MVP Creation:** Developing workable models and early solutions.
- **Incubation Support & Mentorship:** Receiving guidance from founders and industry experts.



### 3. INSPIRE Training Series

- **Leadership Development Workshops:** Building initiative, discipline, and teamwork.
- **Career Guidance & Future Pathways:** Clarifying career choices with counselling and insights.
- **Design Thinking & Innovation Labs:** Solving problems through human-centred approaches.



### 4. Digital, Wellness & Life-Skills Training

- **Digital Literacy & Smart Productivity Skills:** Using essential tools and safe digital practices.
- **Emotional Wellness & Resilience:** Developing coping skills, balance, and mental strength.
- **Time Management & Academic Efficiency:** Enhancing planning, prioritisation, and study habits.



### 5. Soft Skills & Employability Training

- **Placement Readiness Skills (Resume, Interviews, GD & Communication):** Building strong resumes, practising HR/technical interviews, improving group discussion performance, and strengthening communication confidence.
- **Aptitude & Logical Reasoning:** Enhancing problem-solving ability and placement test preparedness.
- **Corporate Etiquette & Professional Grooming:** Developing workplace behaviour, communication style, discipline, and professional presentation.

